

**PASSEIO GUIADO NO
GEOPARQUE ALGARVENSIS
ROCHA DOS SOIDOS
29 de maio de 2026
10 km**

Information and Conditions

1- Organisation and objectives

1.1- The Guided Walking Tour - Rocha dos Soidos is an event promoted and organised by the Escola Profissional de Alte and will take place on 29 May 2026;

1.2- The Escola Profissional de Alte is an institution whose mission is to pursue objectives of public interest. This event raises awareness of regular physical exercise and aims to raise funds for the school.

2- Points of interest on the route

2.1- The route takes in the Rocha dos Soidos geosite of the aspiring Unesco World Geopark, called Algarvensis;

The Rocha dos Soidos rock mass stands out in the landscape for its prominent escarpment at the top of an elevation culminating at 467 metres, resembling the prow of a ship from where there is a panoramic view of the Serra do Caldeirão. This relief is the result of differential erosion that has carved out the Hetangian clay-marl formations and the Volcano-Sedimentary Complex, emphasising a cornice of dolomites corresponding to a lenticular deposit of the Silves Sandstone Group in the Amorosa area;

In this relief, there are some igneous rocks, consisting of essentially basaltic veins, whose formation seems to be associated with that of the Monchique Massif, while others probably correspond to sedimentary, doleritic, post-Triassic flows, associated with the Central Atlantic Magmatic Province;

Rocha dos Soidos, one of the highest points in the Algarve, becomes one of the Algarve's most sublime viewpoints at sunset;

2.2- A talego (bag) will be provided for a snack with local products at the start of the tour;

2.3- At the end of the walk there will be an 'optional' dinner at the Rosmaninho Restaurant, with the following menu:

* Bread, butter, olives, Algarve-style carrots and fresh cheese;

* Cornmeal porridge with fried fish;



- * Braised pork cheeks;
- * Dessert / fruit;
- * Water, house wine, soft drinks and coffee;

2.4- Other highlights:

- The Fonte Pequena leisure area with special mention of the panels with the best poems by Cândido Guerreiro, the Altense poet, the Naia sculpture by Vitor Picanço and the panel by the artists Daniel Vieira and Renata Pawelec;
- Mega lapiás in the Algarve's Barrocal;
- Fonte Grande with its natural pool, which springs from the discharge area of the Querença - Silves aquifer;
- The traditional dryland orchards with their dry stone walls are a hallmark of the Algarve's Barrocal region;
- Passing through the villages of Soídos de Baixo and Soídos de Cima;
- 360º view of the talefe of Rocha dos Soídos;
- Flora and fauna of the Barrocal and Serra Algarvia.

3- Characteristics of the route

- 3.1- The route of the Walk will take in trails between the Barrocal and the Serra Algarvia, passing through the sites of Soidos de Baixo, Soidos de Cima, Rocha dos Soidos and Sarnadas, with a distance of around 10 kilometres;
- 3.2- This is a linear route with the starting point at Largo Helmano Costa, next to Fonte Pequena in Alte, and the finish line at Sarnadas;
- 3.3- The return to the starting point will be provided by the Escola Profissional de Alte using its bus.
- 3.4- The route is generally easy, although there are some parts with slightly uneven terrain;
- 3.5- The walk will start at 6pm and will be guided by Acácio Café and Ana Silva;
- 3.6 - The walk has an estimated duration of 3h00;
- 3.7- It is not wheelchair accessible.



4- Participants

4.1- Everyone, regardless of age, can take part;

4.2- All children must be accompanied by an adult.

5- Registration

5.1- There is a limit of 30 entries;

5.2- Entries will be made exclusively online at www.acorrer.pt;

5.3- The registration deadline is 28 May 2025, or when the limit of paid registrations is reached;

5.4- All participants, or guardians in the case of children under 18, must read the regulations beforehand, since the act of registering implies full acceptance of their terms;

5.5 - The registration fee for the Guided Walking Tour is €12.00 without dinner. Dinner (optional) will cost 20.00 euros;

5.6 - The registration fee includes:

- Guided walk by Acácio Café and Ana Silva;
- Talego bag for a snack with local products at the start of the walk;
- Return to the starting point on the bus from the Escola Profissional de Alte;
- Dinner at the Rosmaninho Restaurant for those who choose this option, with the following menu:
 - * Bread, butter, olives, Algarve-style carrots and fresh cheese;
 - * Cornmeal porridge with fried fish;
 - * Braised pork cheeks;
 - * Dessert / fruit;
 - * Water, house wine, soft drinks and coffee;
- Personal accident insurance (see point 7).

5.7- Entries will only be validated once payment has been made;

5.8- Payments made after the deadline will not be considered. If they do, refunds will be made by bank transfer minus the respective bank charges.



6- Form of Payment

6.1- By Multibanco or MB WAY following the instructions in the Acorrer enrolment report;

6.2- At the secretariat of the Cândido Guerreiro Professional School in Alte;

6.3- For payments outside Portugal contact geral@acorrer.pt.

7- Insurance

7.1- All participants are covered by personal accident insurance;

7.2- The insurance will have an excess of 75.00 euros for treatment costs;

7.3- Any accident or incident that occurs during the course is the responsibility of the participants, in everything that exceeds the risk covered by the insurance. This insurance only covers accidents.

8- Safety

8.1- The route is open to the movement of other vehicles, so all participants must respect the traffic rules. The organisation is not responsible for any accident or infringement of the rules of the road by any participant;

8.2- By registering, participants assume full responsibility for ensuring that they are physically and psychologically fit to take part;

8.3- It is recommended to wear appropriate clothing and footwear and to carry a water tank;

8.4- Participants must never lose sight of one of the guides.

9- Image rights

The participant grants permission to the organiser to use their image, recorded on photographic or video media, or any other medium, for promotional and publicity purposes for the event itself and the organiser.

10-Social and environmental duties

10.1- To help any participant in the event of an accident, as long as the circumstances require it;

10.2- Not to cause damage to private or cultivated areas;



10.3- The organisation urges all participants not to leave their empty containers along the route. They should do so strictly in the rubbish bins.

11- Data protection

11.1- Every participant, by formalising their registration, authorises the publication of their personal data necessary for the development of the tour, such as in the list for insurance, as well as its use for sending information about the event, including subsequent editions;

11.2- Each participant is responsible for the veracity of the data provided in their registration, and is aware that this will form part of a file for which the organisation will be responsible;

11.3- The data subject will have the right to access, rectify and cancel this data, as determined by the General Data Protection Regulation (GDPR).

12- Omissions

12.1- Any cases not covered by these regulations will be decided by the organisation in compliance with the legal and regulatory standards in force;

12.2- For reasons of force majeure, the organisation reserves the right to make changes to these regulations, which will always be updated on the event website.

